

WIKF Sweden

Winter Course 2014



5th – 7th DECEMBER 2014
STOCKHOLM, TÄBY, TIBBLEHALLEN

Open training camp for all members of WIKF, from White to Black belts



Traditional WIKF Wadoryu Karate-DO with
Sensei Jon Wicks 8 Dan

World Chief Instructor WIKF

和道國際空手道連盟



Kumite lessons with

Spyros Margaritopoulos

Multiple world champion in karate

No preregistration is necessary; you can register when you arrive. The cost is SEK 500 for two days and SEK 300 for one day. Kyu-grading costs SEK 300. Please remember to bring your grading book! Registration starts on Saturday at 8.15 in the Center court entrance, please arrive on time. If you have a Brown or Black belt in WIKF Wado Ryu you are invited to take part in a special training session on Friday Dec 5th between 7 pm and 9 pm lead by Sensei Jon Wicks. The cost is SEK 300. You can pay on arrival, Friday at 6 pm. Please bring a lunch package, a water bottle and energy snacks. There are restaurants in Täby Centrum, 5 minutes walk away.

DAN GRADING Sat 4 pm.
Pre-registration is necessary

Visit www.wikf.se or contact Sensei Michael Öberg ([oberg.co\(AT\)gmail.com](mailto:oberg.co(AT)gmail.com)) for more information.